# Levels of Long Term Care

April 25, 2024

### Where to Start

#### **In-Home Care**

Medical or Non-Medical wherever they live.

#### **Respite Care**

Short Term Stay in a Community usually 7min -30days pay a daily rate.

# Assisted Living Care/Group Home

Community with ADL assistance & other amenities.

## Independent Living

Home, Community, With Family, etc.

#### **Day Center**

Activities, Med mgt, Meals at a Center a few hours several times a week. No over-nights.

### Skilled Nursing / Rehabilitation Care

Post Hospital Care usually paid through insurance for up to 25 days of PT, OT, ST. Following Injury or Surgery in most cases.

#### **Hospice Care**

Care for people with Terminal Conditions provided where they live through end of life.



### Join us for a full weekend of activities!

#### Thursday

#### Spa at 3pm

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#### Friday

#### Golf at 7am

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#### Sunday

#### **Brunch at Noon**

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### In Home Care Support









#### Stay in own home

Enhances independence & minimize effects of illnesses or disability with (state & federal) licenced private duty home care.

#### Non-Medical

- Bathing
- Dressing
- Meal prep
- Transportation
- Light housekeeping

#### Medical

- Medication Mgt
- Wound care
- Skilled Nursing
- Disease mgt
- Therapies PT, OT, ST

- Private Pay
- Insurance

### Adult Day Center Support









#### Stay in own home

Provides Daytime respite for Family Caregivers to rest and handle tasks while providing Peace of mind that their loved one is in good hands.

#### Non-Medical

- Bathing
- Dressing
- Meals
- Activities
- Socialization

#### Medical

- Medication Mgt
- RN supported Care Plan
- Assistance with transfers & incontinence

- Private Pay
- Insurance
- Grants
- VA
- Medicaid

### Respite Care Support









#### Stay in own home

Provides 7-30 days respite for Family Caregivers to rest, travel, have surgery, etc. while providing Peace of mind that their loved one's Care & Social needs are supported.

#### Non-Medical

- Bathing
- Dressing
- Meals
- Activities
- Socialization

#### Medical

- Medication Mgt
- RN supported Care Plan
- Assistance with transfers & incontinence, and other activities of daily living

- Private Pay
- VA

### Rehabilitation & Skilled Nursing Support









#### Stay in own home

Provides 24-hour medical care. To assist recovery from injury, surgery & illness, helping individuals regain their strength & independence.

#### Non-Medical

- Bathing
- Dressing
- Meals
- Transportation
- Grooming

#### Medical

- Medication Mgt
- Licensed medical care by Nurses and Physicians
- Physical, Occupational & Speech Therapy
- For Higher Levels of Care

- Private Pay
- Insurance
- VA
- Medicaid

### Assisted Living Community Support









#### **ALCommunity**

Provides 24-hour medical care. Helping individuals give up their chores and maintain their independence and social lifestyles as they age in place.

#### Non-Medical

- Bathing
- Dressing
- Meals
- Transportation
- Grooming
- Incontinence program

#### Medical

- Medication Mgt
- On site healthcare services available
- Intermittent Nursing
- Medical Director
- (in -house Doctor)

- Private Pay
- Private LTC policies
- VA
- Medicaid

### Secured Assisted Living Community Support









#### **MC Community**

Provides 24-hour medical care in a secured setting. Usually for dementia or memory-related conditions. Provide specialized care & activities to stimulate cognitive abilities.

#### Non-Medical

- Bathing
- Dressing
- Meals
- Transportation
- Grooming
- Incontinence program

#### Medical

- Directed Care level Memory Care Programing and amenities.
- Medication Mgt
- On site healthcare services available
- Intermittent Nursing
- In-house Medical Director

- Private Pay
- Private LTC policies
- VA
- Medicaid

### Hospice Care Support









#### Anywhere

Provides specialized care for individuals with terminal illnesses. Spans from 6 months to end of life while health is declining.

#### Non-Medical

- Bathing
- Dressing
- Comfort care
- Transportation
- Grooming
- Incontinence

#### Professional/Medical

- Pain Management
- Medication Mgt
- Emotional support
- Spiritual Care
- Intermittent Nursing
- In-house Medical Director

- Insurance
  - Humana
    - Tri-West
    - Tri-Care
    - Medicare

### Thank You!

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